

### **DISASTER PLAN CHECKLIST**

Develop and practice a disaster plan checklist with other students to prepare for what to do, how to find each other, and how to communicate in an emergency.

- Decide where your dorms will reunite after a disaster. Identify two places to meet; one close to your dorm and another outside your immediate area, such as the library, cafeteria, or a friend's dorm.
- Practice using all possible exit routes from your dorm room and building.
- Designate an out-of-state friend or relative who you can call during a disaster to confirm you are safe. If phone circuits are busy, long-distance calls may be easier to make. This out-of-state contact can help you communicate with others.
- Account for everybody's needs, especially people with disabilities and non-English speakers.

Familiarize yourself with the emergency plans of buildings you visit often, such as your classes, cafeteria, and library.

### **EMERGENCY SUPPLY KIT CHECKLIST**

Keep enough supplies in your dorm to survive for at least three days. Store these materials in an easily accessible container or cupboard, and update them twice a year at daylight-saving times. Suggested items are available online or at your local grocery, drug, or army supply store.

#### SUGGESTED ITEMS INCLUDE:

- One gallon of drinking water per person per day
- Non-perishable, ready-to-eat canned foods and manual can opener
- First aid kit
- Flashlight
- Battery-operated AM/FM radio, and extra batteries
- Whistle
- Phone that does not require electricity
- Child care, pet, or other special items

### **GO BAG CHECKLIST**

Every student should assemble a Go Bag – a collection of items you can use in the event of an evacuation. Each Go Bag should be sturdy, lightweight and portable, such as a backpack. A Go Bag should be easily accessible and ready to go any time.

#### SUGGESTED ITEMS INCLUDE:

- Copies of your important documents in a waterproof and portable container (insurance cards, birth certificate, deeds, photo identification, etc.)
- Extra set of car and house keys
- Copies of credit and ATM cards and cash
- Bottled water and non-perishable food, like energy or granola bars
- Flashlight
- Battery operated AM/FM radio, and extra batteries
- List of the medications you take and their dosages, or copies of all your prescription slips, with doctor's names and phone numbers
- First aid kit
- Lightweight raingear and Mylar blanket
- Contact and meeting place information for your dorm, and small regional map
- Child care, pet, or other special items



## ***Preparing for Emergencies***

Stony Brook University  
Department of Emergency Management  
Robert Lenahan, Director



### **To Report an Emergency:**

If you become aware of a possible emergency situation, please call University Police at 911 or 333 from any campus phone, or 632-3333 using a cell phone (for campus



SB Alert is a comprehensive emergency notification system used to alert members of the campus community about major emergencies, immediate threats or impending situations that can pose harm to individuals, disrupt classes, or impact facilities, activities or other operations. When activated the system can send a voice, alphanumeric page, email and/or text message to ALL of the devices you register.

In order to sign up for SB Alert log on to the Solar System via [www.stonybrook.edu](http://www.stonybrook.edu) and click on the SB Alert link.